

**Rotherham United Community Sports Trust**  
Mangham House,  
Mangham Road,  
Barbot Hall Ind. Est.,  
Rotherham, S61 4RJ

## National Citizen Service

Dear Councilor,

My name is Carole Foster and I am the National Citizen Service (NCS) Programme Manager at Rotherham United Community Sports Trust. I am writing to you today to inform you about NCS with a view to asking you to support our programme and signpost us in the direction of any local youth groups and young people that may benefit from the programme and what it has to offer.

### What is NCS?

NCS is a youth development programme aimed at young people aged between 15-17 years old. The programme itself is designed to empower young people by engaging them in residential and social action activities that encourage participants to take responsibility for their own actions and development.

NCS is a four week programme comprised of three parts, with each part offering different experiences and opportunities for young people to develop in both a personal and professional capacity. Weeks one and two present young people with the chance to experience life away from home as they develop independent living skills that will help nurture their transition into adult life. Week one sees participants take part in adrenaline fueled residential activities helping to develop teamwork and leadership skills, whilst week two offers young people the chance to experience University life. During this week, participants undertake various challenges and attend fun, innovative workshops designed to equip them with the skills and knowledge that will help better prepare them for their next steps.

Weeks three and four on NCS offer young people the chance to bring together all they have learnt so far and put it to the test in a real life scenario; planning and delivering their very own social action project for the benefit of a local charity or organisation. This provides young people with the opportunity to leave a *positive* mark on their local community whilst giving something back and making a difference. It also helps equip participants with the skills and experiences necessary to boost their CV and confidence!

NCS is a fun, action-packed and challenging programme that gives young people the chance to do something truly inspiring and worthwhile with their summer.



**Rotherham United Community Sports Trust**  
Mangham House,  
Mangham Road,  
Barbot Hall Ind. Est.,  
Rotherham, S61 4RJ

### How can you help?

Rotherham United Community Sports Trust (RUCST) still have places available on the following NCS summer programmes:

#### **Wave 2:**

Monday 20<sup>th</sup> July - Friday 24<sup>th</sup> July, Away Residential, Castleton YHA, Peak District  
Monday 27<sup>th</sup> July – Friday 31<sup>st</sup> July, Home Residential, Sheffield University  
Monday 3<sup>rd</sup> August – Friday 14<sup>th</sup> August, Social Action Project, New York Stadium, Rotherham.

#### **Wave 3:**

Monday 3<sup>rd</sup> August - Friday 7<sup>th</sup> August, Away Residential, Coniston YHA or Grasmere YHA, Lake District  
Monday 10<sup>th</sup> August – Friday 14<sup>th</sup> August, Home Residential, Sheffield University  
Monday 17<sup>th</sup> August – Friday 28<sup>th</sup> August, Social Action Project, New York Stadium, Rotherham

RUCST would like to extend these opportunities to as many young people as possible aged between 15-17 years old and we ask of your support in helping us achieve this. Please could you signpost us or put us in contact with and young people's organisations or youth groups that you can think of that may benefit from NCS. You can also help promote the programme itself and the above opportunities by tweeting using the following tags: @RUCST @NCSFLT.

Thank you for your time and I look forward to hearing from you soon.

Kind Regards,

Carole Foster

**NCS Programme Manager**

**07909934089**